

Stay Safe Hertfordshire

Please protect yourself and your community by following this advice:

How to safely
use a
face covering



Wash your hands
before and after
using the covering



The covering should
closely **cover your**
chin, mouth, and nose



Remove by the ears -
avoid touching the front



Store used
face coverings
in a plastic bag



Wash after
each use with
other laundry

Face coverings **should not be used** by children under the age of three or people with breathing problems.

