Year 1 Art – Learning Objectives	Autumn	Spring	Summer
to use a range of materials creatively to design and make products	Introduce	Revisit	Revisit
• to use drawing, painting and sculpture to develop and share their ideas, experiences and imagination	Introduce	Revisit	Revisit
• to develop a wide range of art and design techniques in using colour, pattern, texture, line, shape, form and space	Introduce	Revisit	Revisit
• learn about the work of a range of artists, craft makers and designers, describing the differences and similarities between different practices and disciplines, and making links to their own work.	Introduce	Revisit	Revisit
Year 1 Art – Curriculum	Autumn	Spring	Summer
	Self Portraits Learn about the work of a range of portrait artists. Explore mark making techniques using different media. Think about how the use of colour can convey moods and emotions. Draw their own self portrait. Create their own digital self-portrait using meaningful objects.	Colour Chaos • Mix and use a range of secondary and tertiary colours, shades and tints. • Explore the work of key abstract artists. -Mondrian -Rothko -Klee and Pollock -Delaunay -Kandinsky • Create pieces in a range of abstract styles.	Paper Art •Explore different types of paper •Use paper to create a collage •Tissue paper to create a pieceof artwork. •Use paper to create beads. •Use papier mâché to create a sculpture. •Create sculptures from paper

Year 1 Computing - Learning Objectives	Autumn	Spring	Summer
understand what algorithms are; how they are	Introduce		Revisit
implemented as programs on digital devices; and that			
programs execute by following precise and			
unambiguous instructions			
create and debug simple programs	Introduce		
use logical reasoning to predict the behaviour of	Introduce		
simple programs			
• use technology purposefully to create, organise,	Introduce	Revisit	Revisit
store, manipulate and retrieve digital content			
recognise common uses of information technology	Introduce	Revisit	Revisit
beyond school			
 use technology safely and respectfully, keeping 		Introduce	Revisit
personal information private; identify where to go for			
help and support when they have concerns about			
content or contact on the internet or other online			
technologies.			
Year 1 Computing - Curriculum	Autumn	Spring	Summer
	We are Treasure Hunters	We are Digital Artists	We are Rhythmic
	• Learn how to program and	Be digital artists and create	Use different media to
	debug programmable toys using	work inspired by other artists.	create sound patterns using
	simple algorithms.	We are publishers	Scratch Jr and Garage Band
	Create an electronic card.	Creating a multimedia eBook	We are detectives
	We are TV chefs	about our achievements	Using data to solve clues
	Filming the steps of a recipe	• plan a small multimedia	• how data can be
	break down a process into	eBook	structured as records with
	simple, clear steps (an	 choose and import images 	fields for information
	algorithm)	record audio commentary	

• use different features of a	add and format titles and	how data can be organised
video camera	other text	into groups and subgroups
• use a video camera to capture	think carefully about	how data can be
moving images	protecting their privacy	structured as a tree
● edit a video to include an	respect other people's	• how data can be organised
audio commentary	copyright	into a table
 develop collaboration skills 	revise and improve their work	• how data in a table can be
 discuss their work and think 		filtered and searched.
about how it could be		
improved.		

Year 1 Design Technology - Learning Objectives	Autumn	Spring	Summer
Design	Introduce	Revisit	Revisit
design purposeful, functional, appealing products for			
themselves and other users based on design criteria			
generate, develop, model and communicate their	Introduce	Revisit	Revisit
ideas through talking, drawing, templates, mock-ups			
and, where appropriate, information and			
communication technology			
Make	Introduce	Revisit	Revisit
select from and use a range of tools and equipment			
to perform practical tasks [for example, cutting,			
shaping, joining and finishing]			
select from and use a wide range of materials and	Introduce	Revisit	Revisit
components, including construction materials, textiles			
and ingredients, according to their characteristics			
Evaluate	Introduce		Revisit
explore and evaluate a range of existing products			
evaluate their ideas and products against design	Introduce		Revisit
criteria			
Technical Knowledge	Introduce		Revisit
build structures, exploring how they can be made			
stronger, stiffer and more stable			
• explore and use mechanisms [for example, levers,	Introduce		Revisit
sliders, wheels and axles], in their products.			
Cooking & Nutrition		Introduce	
• use the basic principles of a healthy and varied diet to			
prepare dishes			
understand where food comes from.		Introduce	
Year 1 Design and Technology - Curriculum	Autumn	Spring	Summer
	Moving Story Books	Making Smoothies	Constructing a Windmill
			Design a structure

	 Explore sliders and movement using templates. Design and make a moving story book with levers. Test and evaluate their book. 	 Identify fruits and vegetables and explore which part of the plant they come from. Taste different fruit and vegetables describing their appearance, taste and smell. Design and make smoothies and packaging to reflect the ingredients. 	Assemble a structure Design, decorate and build a windmill for a mouse. Test and evaluate the windmills
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Year 1 English Learning Objectives

Spoken Language

- listen and respond appropriately to adults and their peers
- ask relevant questions to extend their understanding and knowledge
- use relevant strategies to build their vocabulary
- articulate and justify answers, arguments and opinions
- give well-structured descriptions, explanations and narratives for different purposes, including for expressing feelings
- maintain attention and participate actively in collaborative conversations, staying on topic and initiating and responding to comments
- use spoken language to develop understanding through speculating, hypothesising, imagining and exploring ideas
- speak audibly and fluently with an increasing command of Standard English
- participate in discussions, presentations, performances, role play, improvisations and debates
- gain, maintain and monitor the interest of the listener(s)
- consider and evaluate different viewpoints, attending to and building on the contributions of others
- select and use appropriate registers for effective communication.

Reading: Word Reading

- apply phonic knowledge and skills as the route to decode words
- respond speedily with the correct sound to graphemes (letters or groups of letters) for all 40+ phonemes, including, where applicable, alternative sounds for graphemes
- read accurately by blending sounds in unfamiliar words containing GPCs that have been taught
- read common exception words, noting unusual correspondences between spelling and sound and where these occur in the word
- read words containing taught GPCs and -s, -es, -ing, -ed, -er and -est endings
- read other words of more than one syllable that contain taught GPCs
- read words with contractions [for example, I'm, I'll, we'll], and understand that the apostrophe represents the omitted letter(s)
- read aloud accurately books that are consistent with their developing phonic knowledge and that do not require them to use other strategies to work out words
- re-read these books to build up their fluency and confidence in word reading.

Reading: Comprehension

Develop pleasure in reading, motivation to read, vocabulary and understanding:

- listening to and discussing a wide range of poems, stories and non-fiction at a level beyond that at which they can read independently
- being encouraged to link what they read or hear read to their own experiences
- becoming very familiar with key stories, fairy stories and traditional tales, retelling them and considering their particular characteristics
- recognising and joining in with predictable phrases
- learning to appreciate rhymes and poems, and to recite some by heart

- discussing word meanings, linking new meanings to those already known Understand what they read, in books they can read independently, by:
- drawing on what they already know or on background information and vocabulary provided by the teacher
- checking that the text makes sense to them as they read and correcting inaccurate reading
- discussing the significance of the title and events
- making inferences on the basis of what is being said and done
- predicting what might happen on the basis of what has been read so far
- participate in discussion about what is read to them, taking turns and listening to what others say
- explain clearly their understanding of what is read to them.

Writing: Transcription:

- words containing each of the 40+ phonemes already taught
- common exception words
- the days of the week Name the letters of the alphabet:
- naming the letters of the alphabet in order
- using letter names to distinguish between alternative spellings of the same sound
- Add prefixes and suffixes:
- using the spelling rule for adding –s or –es as the plural marker for nouns and the third person singular marker for verbs
- using the prefix un-
- using –ing, –ed, –er and –est where no change is needed in the spelling of root words [for example, helping, helped, helper, eating, quicker, quickest]
- apply simple spelling rules and guidance, as listed in English Appendix 1
- write from memory simple sentences dictated by the teacher that include words using the GPCs and common exception words taught so far.

Writing: Handwriting

- sit correctly at a table, holding a pencil comfortably and correctly
- begin to form lower-case letters in the correct direction, starting and finishing in the right place
- form capital letters
- form digits 0-9
- understand which letters belong to which handwriting 'families' (i.e. letters that are formed in similar ways) and to practise these.

Writing: Composition:

- saying out loud what they are going to write about
- composing a sentence orally before writing it
- sequencing sentences to form short narratives
- re-reading what they have written to check that it makes sense
- discuss what they have written with the teacher or other pupils
- read aloud their writing clearly enough to be heard by their peers and the teacher.

Writing: Vocabulary, Grammar & Punctuation

Develop their understanding of the concepts set out in English Appendix 2 by:

- leaving spaces between words
- joining words and joining clauses using and
- beginning to punctuate sentences using a capital letter and a full stop, question mark or exclamation mark
- using a capital letter for names of people, places, the days of the week, and the personal pronoun 'I'
- learning the grammar for year 1 in English Appendix 2
- use the grammatical terminology in English Appendix 2 in discussing their writing

Autumn	Spring	Summer
See weekly/daily plans for detail;	See weekly/daily plans for detail;	See weekly/daily plans for detail;
Reading	Reading	Reading
Daily individual, group and whole class reading	Daily individual, group and whole class reading,	Daily individual, group and whole class reading,
•The Family Book - Todd Parr	including:	including:
and Nathan Reed	•George's Marvellous Medicine by Roald Dahl	•The Lion, the Witch and the Wardrobe by C.S.
•Handa's Surprise – Eileen Browne	•The Colour Monster by Anna Llenas	Lewis
The Rainbow Fish – Marcus Pfister	•The Lion Inside by Rachel Bright and Jim Field	•Max the Brave by Ed Vere
Peace at Last − Jill Murphy	•We're All Wonders by R.J. Palacio	•The Day Louis Got Eaten by John Fardell
 After the Storm – Nick Butterworth 	Giraffes Can't Dance by Giles Andreae	•Here We Are by Oliver Jeffers
 The Smartest Giant – Julia Donaldson 	Dear Greenpeace by Simon James	•There's a Tiger in the Garden by Lizzy Stewart
 Charlie and the Chocolate Factory – Roald Dahl 	•The Storm Whale by Benji Davies	•Look Up! by Nathan Bryon
•Elmer – David McKee	•The Dot by Peter H.	•The Toymaker by Martin Waddell
 On a Magical Do Nothing Day – Beatrice 	•Reynolds The Bear and the Piano by David	•The Night Gardener by The Fan Brothers
Alemagne	Litchfield	•Leon and the Place Between by Angela
•Old Bear – Jane Hissey		Mcallister and Grahame Baker-Smith
•Knuffle Bunny – Mo Willems	Phonics and Spelling	•Rainbow Bear by Michael Morpurgo
Bog Baby – Jeanne Willis	•Phase 5, daily phonics lessons.	•Sophie's Snail by Dick King-Smith
•Stick Man – Julia Donaldson	Daily handwriting teaching and practise	•The Tale of Peter Rabbit by Beatrix Potter
•The Snowman – Raymond Briggs		

■ The Nutcracker – E.T.A.Hoffman	Writing inspired by:	Phonics and Spelling
Christmas picture books	•Where the Wild Things Are by Maurice Sendak	Phase 5, daily phonics lessons.
	 If Sharks Disappeared by Lily Williams 	 Daily handwriting teaching and practise
Phonics and Spelling	•Little Red Riding Hood by Lari Don	
Phase 4 and 5, daily phonics lessons.	•The Train Ride by June Crebbin On Safari!	Writing, inspired by:
 Daily handwriting teaching and practise 	•The Way Back Home by Oliver Jeffers	•Travel Journals
		 Wombat Goes Walkabout by Michael
Writing inspired by:		Morpurgo
•Incredible You - Rhys Brisenden		Pinocchio by Carlo Collodi
Grandad's Island by Benji Davies		Bold Women in Black History by Vashti
•Last Stop on Market Street by Matt de la Pena		Harrison
 On Sudden Hill – Linda Sarah and Benji Davies 		Song of the Sea a film
Perfectly Norman – Tom Percival		
•Jack and the Jelly Beanstalk – Rachael Mortimer		
•I Wanna Iguana – Karen Kaufmann Orloff		
Penguins – Anne Schreiber		
 Firework Night by Andrew Collett 		
Bold Women in Black History by Vashti Harrison		
and Nathan Reed		
•The Family Book by Todd Parr		
 Oi Frog/Oi Dog by Kes Gray and Jim Field Harvey 		
Slumfenburger's		
Christmas Present by John Burningham		
•The Christmas Story		

Year 1 Geography – Learning Objectives	Autumn	Spring	Summer
Locational Knowledge		Introduce	
name and locate the world's seven continents and			
five oceans			
name, locate and identify characteristics of the four		Introduce	
countries and capital cities of the United Kingdom and			
its surrounding seas			
Place Knowledge			Introduce
understand geographical similarities and differences			
through studying the human and physical geography of			
a small area of the United Kingdom, and of a small area			
in a contrasting non-European country			
Human & Physical Geography	Introduce		Revisit
identify seasonal and daily weather patterns in the			
United Kingdom and the location of hot and cold areas			
of the world in relation to the Equator and the North			
and South Poles			
Use basic geographical vocabulary to refer to:		Introduce	Revisit
key physical features, including: beach, cliff, coast,			
forest, hill, mountain, sea, ocean, river, soil, valley,			
vegetation, season and weather			
key human features, including: city, town, village,		Introduce	Revisit
factory, farm, house, office, port, harbour and shop			
Geographical Skills & Fieldwork		Introduce	
use world maps, atlases and globes to identify the			
United Kingdom and its countries, as well as the			
countries, continents and oceans studied at this key			
stage			
• use simple compass directions (North, South, East		Introduce	Revisit
and West) and locational and directional language [for			

example, near and far; left and right], to describe the location of features and routes on a map		Laboratoria de la companya de la com	
 use aerial photographs and plan perspectives to recognise landmarks and basic human and physical features; devise a simple map; and use and construct basic symbols in a key 		Introduce	Revisit
 use simple fieldwork and observational skills to study the geography of their school and its grounds and the key human and physical features of its surrounding environment. 		Introduce	Revisit
Year 1 Geography - Curriculum	Autumn	Spring	Summer
	 Weather and the Seasons The months of the year and seasons. Differences between the seasons. Features of different seasons. Clothing worn in different weather. Weather types in the UK. How the weather affects different jobs. 	 The United Kingdom Locate the UK on a map and identify the 4 countries of the UK. Identify the 4 capital cities and the surrounding seas of the UK. Explain the difference between human and physical features of the UK. Describe some human and physical features of London. 	 Our Local Area Spot the differences between rural and urban areas and know what type of settlement they live in. Explore and record the features of the school grounds and the local area. Recognise the symbols on an Ordnance Survey map. Create a map of the local area.

Year 1 History – Learning Objectives	Autumn	Spring	Summer
Pupils should develop an awareness of the past, using			
common words and phrases relating to the passing of time.			
They should know where the people and events they study fit			
within a chronological framework and identify similarities and			
differences between ways of life in different periods. They			
should use a wide vocabulary of everyday historical terms.			
They should ask and answer questions, choosing and using			
parts of stories and other sources to show that they know and			
understand key features of events. They should understand			
some of the ways in which we find out about the past and			
identify different ways in which it is represented.			
Pupils should be taught about:			
changes within living memory. Where appropriate, these	Introduce		Revisit
should be used to reveal aspects of change in national life			
events beyond living memory that are significant nationally	Introduce	Revisit	Revisit
or globally [for example, the Great Fire of London, the first			
aeroplane flight or events commemorated through festivals or			
anniversaries]			
the lives of significant individuals in the past who have		Introduce	Revisit
contributed to national and international achievements. Some			
should be used to compare aspects of life in different periods			
[for example, Elizabeth I and Queen Victoria, Christopher			
Columbus and Neil Armstrong, William Caxton and Tim			
Berners-Lee, Pieter Bruegel the Elder and LS Lowry, Rosa Parks			
and Emily Davison, Mary Seacole and/or Florence Nightingale			
and Edith Cavell]			

• significant historical events, people and places in their own locality			Introduce
Year 1 History - Curriculum	Autumn	Spring	Summer
	Homes in the Past	Castles	Famous Queens
	• Types of homes today.	• Find out why the Normans built the first UK castles.	Understand what a monarch is and where they
	• Similarities and differences between homes today.	• Learn about the structure	live.
	• Features of homes from the past.	of medieval castles. • Find out about differences	Explore Tudor life and Queen Elizabeth I.
	Victorian homes.	between the people living in the castles and the common	• Explore Queen Victoria and the Victorian period.
	Things that would be found in a Victorian	people in medieval times.Learn how the Tower of	• Explore the life of Queen Elizabeth II.
	home.	London's use has changed over time.	Compare these three significant Queens and the periods that they lived in.

Year 1 Maths - Learning Objectives	Autumn	Spring	Summer
	 Begin to use positional language and ordinal numbers. Find patterns in numbers and subitize (initially in numbers to 10 and then to 20). Compare numbers using the language of more, less, fewer, difference. Begin to estimate and order numbers. Use a part whole model to add, subtract, regroup and solve number problems. Explore equality and balance using number. Understand teens numbers as 'ten and some more'. Practise doubling and halving. Explore odd and even numbers. Know the names and properties of 2D and 3D shapes. Work with different representations of numbers including the concrete (i.e. cubes), pictorial and abstract. 	 Add by counting on within 20. Find and make number bonds to 20. Add by making 10. Subtract by counting back within 20. Subtract using number bonds to 10. Compare number sentences. Counting forwards and backwards within 50. Compare and order numbers within 50. Partition numbers within 50. Count in 2s, 5s and 10s. Introduce ruler. Compare and measure lengths and heights. Solve problems adding and subtracting length. Compare and measure mass, capacity and volume. 	 Identify and compare coins. Continue to practise counting in 2s, 5s and 10s. Begin to multiply using repeated addition. Solve problems using multiplication. Begin to divide by sharing and grouping Solve problems using division. Tell the time - o'clock and half past. Understand fractions by sharing into equal groups.

Year 1 Music - Learning Objectives	Autumn	Spring	Summer
 use their voices expressively and creatively by singing songs and speaking chants and rhymes 	Introduce	Revisit	Revisit
play tuned and detuned instruments musically	Introduce	Revisit	Revisit
 listen with concentration and understanding to a range of high-quality live and recorded music 	Introduce	Revisit	Revisit
• experiment with, create, select and combine sounds using the inter-related dimensions of music.	Introduce	Revisit	Revisit
Year 1 Music - Curriculum	Autumn	Spring	Summer
	 Pulse and Rhythm Learn about the differences between pulse, rhythm and pitch. Listen to and appraise music from different genres (hip-hop and reggae). Play, improvise and compose their own pieces of hip-hop and reggae music. 	 Style Listen to and appraise music in several different styles – Blues, Baroque, Latin, Bhangra, Folk and Funk. Continue to develop their knowledge of pulse, rhythm and pitch. Compose their own pieces and learn to improvise. 	 Pitch and Pulse Listen to and appraise songs from different genres including musical theatre and music written for movies. Understand musical vocabulary including pitch, rhythm, pulse and tempo. Begin to learn about the history of music.

Year 1 PE - Learning Objectives	Autumn	Spring	Summer
 master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities 	Introduce	Revisit	Revisit
participate in team games, developing simple tactics for attacking and defending	Introduce	Revisit	Revisit
perform dances using simple movement patterns.		Introduce	Revisit
Year 1 PE - Curriculum	Autumn	Spring	Summer
	 Fundamentals To explore balance, stability and landing safely. To explore how the body moves differently when running at different speeds. To explore changing direction and dodging. To explore jumping, hopping and skipping actions. To explore co-ordination and combination jumps. To explore combination jumping and skipping in an individual rope. Ball Skills	 Sending and receiving To develop rolling and throwing a ball towards a target. To develop receiving a rolling ball and tracking skills. To be able to send and receive a ball with your feet. To develop throwing and catching skills over a short distance. To develop throwing and catching skills over a longer distance. To apply sending and receiving skills to small games. Target games	 Athletics Striking and Fielding To develop underarm throwing and catching and put this into small sided games. To develop overarm throwing. To develop striking a ball with my hand and equipment. To retrieve a ball when fielding. To understand how to get a batter out. To develop decision making and understand how to score points.

- To develop control and coordination when dribbling a ball with your hands.
- To explore accuracy when rolling a ball.
- To explore throwing with accuracy towards a target.
- To explore catching with two hands.
- To explore control and coordination when dribbling a ball with your feet.
- To explore tracking a ball that is coming towards me.

Gymnastics

- To explore travelling movements.
- To develop quality when performing and linking shapes.
- To develop stability and control when performing balances.
- To develop technique and control when performing shape jumps.
- To develop technique in the barrel, straight and forward roll.
- To link gymnastic actions to create a sequence

- To develop underarm throwing towards a target.
- To develop throwing for accuracy.
- To develop underarm and overarm throwing for accuracy.
- To develop throwing for accuracy and distance using underarm and overarm.
- To select the correct technique for the situation.
- To develop throwing for accuracy and distance.

Dance

THEME: Weather

- To use counts of 8 to move in time and make my dance look interesting.
- To explore pathways in my dance.
- To create my own dance using, actions, pathways and counts.

THEME: Pirates

- To explore speeds and actions in our pirate inspired dance.
- To copy, remember and repeat actions that represent the theme.

Team building

- To co-operate and communicate with a partner to solve challenges.
- To explore and develop teamwork skills
- To develop communication skills.
- To use communication skills to lead a partner.
- To plan with a partner and small group to solve problems.
- To communicate with a group to solve challenges.

Dance THEME: Country dancing/themes from around the world

- To explore speeds and actions in our dance
- To use expression and create actions that relate to the story.
- To use a pathway when travelling.
- To explore and copy actions in response to a theme.
- To create my own actions

 Yoga To explore yoga and mindfulness. To be able to copy and 	To copy, repeat, create and perform actions that represent the theme. Fitness	To explore pathways with a partner.
remember poses. To develop flexibility when holding poses. To develop balance whilst holding poses. To create yoga poses using a hoop. To create a yoga flow with a partner.	 To develop knowledge of how exercise can make you feel. To develop knowledge about how exercise can make you strong and healthy. To develop knowledge about how exercise relates to breathing. To develop my understanding of how exercise helps my brain. To develop my understanding of how exercise helps my muscles. To begin to understand the importance of daily exercise. 	

Year 1 PSHE – Learning Objectives

Me and My Relationships

- •Understand that classroom rules help everyone to learn and be safe;
- Explain their classroom rules and be able to contribute to making these.
- Recognise how others might be feeling by reading body language/facial expressions;
- •Understand and explain how our emotions can give a physical reaction in our body (e.g. butterflies in the tummy etc.)
- Identify a range of feelings;
- •Identify how feelings might make us behave:
- •Suggest strategies for someone experiencing 'not so good' feelings to manage these.
- •Recognise that people's bodies and feelings can be hurt;
- •Suggest ways of dealing with different kinds of hurt.
- •Recognise that they belong to various groups and communities such as their family;
- •Explain how these people help us and we can also help them to help us.
- Identify simple qualities of friendship;
- •Suggest simple strategies for making up.
- Demonstrate attentive listening skills;
- •Suggest simple strategies for resolving conflict situations;
- •Give and receive positive feedback, and experience how this makes them feel.

Keeping Myself Safe and Healthy

- •Understand that the body gets energy from food, water and air (oxygen);
- Recognise that exercise and sleep are important parts of a healthy lifestyle.
- Recognise the importance of sleep in maintaining a healthy, balanced lifestyle;
- •Identify simple bedtime routines that promote healthy sleep.
- Recognise emotions and physical feelings associated with feeling unsafe;
- •Identify people who can help them when they feel unsafe.
- Recognise the range of feelings that are associated with loss.
- •Understand that medicines can sometimes make people feel better when they're ill;
- Explain simple issues of safety and responsibility about medicines and their use.
- Understand and learn the PANTS rules;
- •Name and know which parts should be private;
- Explain the difference between appropriate and inappropriate touch;
- •Understand that they have the right to say "no" to unwanted touch;
- •Start thinking about who they trust and who they can ask for help.
- •Start thinking about how to stay safe online, including safety around sharing images;
- •Identify people they can trust to help if they see something online that makes them feel scared or uncomfortable.

Rights and Responsibilities

- Recognise the importance of regular hygiene routines;
- •Sequence personal hygiene routines into a logical order.
- •Demonstrate responsibility in looking after something (e.g. a class pet or plant);
- Explain the importance of looking after things that belong to themselves or to others.

Being My Best

- •Recognise the importance of fruit and vegetables in their daily diet;
- •Know that eating at least five portions of vegetables and fruit a day helps to maintain health.
- Recognise that they may have different tastes in food to others;
- •Select foods from the Eatwell Guide (formerly Eatwell Plate) in order to make a healthy lunch;
- Recognise which foods we need to eat more of and which we need to eat less of to be healthy.
- Understand how diseases can spread;
- Recognise and use simple strategies for preventing the spread of diseases.
- Demonstrate attentive listening skills;
- Suggest simple strategies for resolving conflict situations;
- •Give and receive positive feedback, and experience how this makes them feel.
- •Recognise how a person's behaviour (including their own) can affect other people.

Growing and Changing

- •Name major internal body parts (heart, lungs, blood, stomach, intestines, brain);
- •Understand and explain the simple bodily processes associated with them.
- •Understand some of the tasks required to look after a baby;
- •Explain how to meet the basic needs of a baby, for example, eye contact, cuddling, washing, changing, feeding.
- •Identify things they could do as a baby, a toddler and can do now;
- •Identify the people who help/helped them at those different stages.
- Explain the difference between teasing and bullying;
- •Give examples of what they can do if they experience or witness bullying;
- •Say who they could get help from in a bullying situation.
- •Explain the difference between a secret and a nice surprise;
- Identify situations as being secrets or surprises;
- •Identify who they can talk to if they feel uncomfortable about any secret they are told, or told to keep.
- •Identify parts of the body that are private;
- •Describe ways in which private parts can be kept private;
- •Identify people they can talk to about their private parts.

Year 1 PSHE - Curriculum	Autumn	Spring	Summer
	Me and my Relationships Classroom rules and how they keep us safe. Different feelings and how they might make us behave. When they need help and who to go to for help. Tolerance — why things sometimes seem unfair to other people.	Keeping Myself Safe and Healthy Developing a healthy and safe lifestyle. Understanding and regulating our feelings and emotions. Rights and Responsibilities Caring for ourselves, others and the environment.	Being my Best What to do when they find something difficult. Which adults at home and school they can ask for help. Different ways to keep clean, look after themselves and stay healthy. Growing and Changing Understand that babies become children and then adults. Know the differences between girl and boy babies. That there are many different types of families. What to do when they find something difficult. (Growth Mindset) Which adults at home and school they can ask for help.

Year 1 RE – Learning Objectives	Autumn	Spring	Summer
Beliefs and practices	Introduce	Revisit	
Recall and name different beliefs and practices including			
festivals, worship, rituals and ways of life in order to find out			
about the meanings behind them Sources of wisdom			Introduce
Retell and suggest meanings to some sources of wisdom and			introduce
stories of faith and belief, exploring and discussing sacred			
writings and sources of wisdom and recognising the			
traditions from which they come			
Symbols and actions	Introduce		
Recognise how and why symbols and actions express			
religious meaning, appreciating some similarities between			
communities			
Prayer, worship and reflection		Introduce	
Respond and reflect on what individuals and communities			
do and why, so that pupils begin to understand what prayer,			
worship and reflection means to a religious community			
Identity and belonging		Introduce	
Notice and talk about how groups express their identity and			
belonging: listen to and talk with people, including leaders			
who belong to a faith community, about how their commitment affects their lives			
		Lating division	Dovicit
Ultimate questions Explore questions about belonging, meaning and truth so		Introduce	Revisit
that they can express their own ideas and opinions using			
creative media			
Human responsibility and values			Introduce

Respond to stories and real life examples of how and why people show care and concern for humanity and the world			
Justice and fairness Reflect on ideas about what is right and wrong and consider how spiritual and moral values influence the behaviour and choices of themselves and of others Year 1 RE – Curriculum	Introduce Autumn	Spring	Summer
	Festivals and Traditions Understand the need to be thankful and appreciate our natural world. Diwali Hanukkah Sukkot Learn about harvest traditions. Discuss and understand giving to charity. Learn about festivals of light.	Inside a Place of Worship Places of worship. Inside places of worship Prayer Hindu Prayer Sikh Prayer Islam Prayer Buddhists Prayer Naming ceremonies. The Easter Story.	Big Questions • Discuss 'big' questions about God and Jesus. • Talk about our responsibilities and values as humans. Special Books • The Torrah • The Bible • The Qu'ran

Y1 Science - Learning Objectives	Autumn	Spring	Summer
Working Scientifically, pupils should be taught to use the following practical scientific methods, processes and skills through the teaching of the programme of study content:			
• asking simple questions and recognising that they can be answered in different ways	Introduce	Revisit	Revisit
observing closely, using simple equipment	Introduce	Revisit	Revisit
performing simple tests	Introduce	Revisit	Revisit
identifying and classifying	Introduce	Revisit	Revisit
 using their observations and ideas to suggest answers to questions 	Introduce	Revisit	Revisit
• gathering and recording data to help in answering questions.	Introduce	Revisit	Revisit
Plants •Identify and name a variety of common wild and garden plants, including deciduous and evergreen trees			Introduce
•Identify and describe the basic structure of a variety of common flowering plants, including trees		Introduce	Revisit
Animals, Including Humans •Identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals	Introduce		Revisit
•Identify and name a variety of common animals that are carnivores, herbivores and omnivores			Introduce
•Describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals including pets)	Introduce		Revisit

•Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense	Introduce		
Uses of Everyday Materials • Distinguish between an object and the material from which it is made		Introduce	
Identify and name a variety of everyday materials, including wood, plastic, glass, metal, water, and rock		Introduce	
Describe the simple physical properties of a variety of everyday materials		Introduce	
Compare and group together a variety of everyday materials on the basis of their simple physical properties		Introduce	
Seasonal Changes	Introduce	Revisit	Revisit
•Observe changes across the 4 seasons			
•Observe and describe weather associated with the seasons and how day length varies	Introduce	Revisit	Revisit

Y1 Science - Curriculum	Autumn	Spring	Summer
	Animals (Including Humans) Learn about the parts of the human body, the skeleton and our senses. Measuring the body Looking at bones and our skeleton The 5 senses What is animal classification? Mammals Birds Fish Amphibians Reptiles Insects Nocturnal Animals	Materials •Identify and name a range of everyday materials and their properties. •Sorting materials •Finding the best material for an umbrella •Finding the best material for a bridge •Which materials float and sink? •Which materials are stretchy? Silly materials Plants • Identify and describe the • structure of a plant. • Sunflowers • Plants you can eat • Cress heads • Bean germination • Seed dispersal • Wild flowers • Carnation colours	Seasonal Changes Identify and describe the basic structure of a variety of common flowering plants, including trees. Identify and name a variety of common wild and garden plants, including deciduous and evergreen trees Observe and describe weather associated with the seasons and how day length varies. Animals (Including Humans) Identify and name a variety of common animals that are carnivores, herbivores and omnivores. Describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals, including pets)